

The New HHREC Podcast Series!



The New HHREC Podcast Series is committed to providing information and education to Alameda County residents. Presenting speakers, county service providers, interviews, and more. All podcasts support improved mental health outcomes for individuals, families, and community organizations within Alameda County.

Thurs, April 22



COVID-19 Vaccine: Impact on African American's Mental Health

Guest: Dr. Donna White,

Host: E.D. Talia Benet, *Executive Director HHREC*

Thurs, May 13

MHSA Plan & Community Input for the Upcoming May 17th Public Hearing

Guest: Colette Winlock, *M.A. Cultural Anthropology and Social Transformation Author, Copywriter, Applied Research and Development*

Host: Dr. Derethia DuVal, *Director, Counseling & Psychological Services Center, SFSU*



Thurs, May 27



How Navigate the New "Normal" Telehealth Online Platforms and How It Impacts Our Families

Guest: Wajeeha Khan, *Senior Director Adult Behavioral Health Programs, La Familia*

Host: Dr. Angela Wellman, *Founder/Director Oakland Public Conservatory of Music (OPC)*

Podcast viewing at acmhsa.org and hhrec.org

(Podcasts available to view one week after taping)



HEALTH & HUMAN RESOURCE
EDUCATION CENTER



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