



District 5 Newsletter

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For a complete listing of events in District 5, visit my [Community Calendar](#).

My District 5 e-newsletter is designed to keep *you*, the residents of Alameda County's Fifth District, informed about important issues in our communities. The Fifth District includes the cities of Albany, Berkeley, Emeryville, Piedmont, and large portions of Oakland, namely West Oakland, North Oakland, Rockridge, the Fruitvale District, and the Dimond District.

Contact me with your feedback by e-mailing dist5@acgov.org or by calling (510) 272-6695.

Upcoming District 5 Event ***“Planning and Caring for Aging Loved Ones”***



Save the Date! Saturday, June 2nd, 2007

9:00 AM to 2:00 PM

Malcolm X Elementary School

1731 Prince Street

Berkeley, CA 94703 [Map](#)

For more information and to
REGISTER ONLINE, [click here](#).

March is Women's Herstory Month ***Celebrate Alameda County Women's Hall of Fame***

In 2008, the United States will celebrate the 160th Anniversary of the Women's Rights Movement to achieve full civil rights. Over the past century and a half, dramatic social and legal changes have been accomplishments by women's efforts to affect changes in government, employment, education, and social life. Women have worked very diligently to create a better world through meetings, petition drives, lobbying, public speaking, and nonviolent resistance. The successes the Women's Rights Movement have earned are huge and have made lasting impacts. To honor the role that women have played in society, and helping to shape a more equitable one, Alameda County pays tribute to outstanding and influential women.

[Read the full story.](#)

Growing Healthy Children March is National Nutrition Month

According to the Alameda County Public Health Department's Health Status Report 2006, the three leading causes of death in Alameda County are heart disease, cancer, and stroke. All three are directly linked to poor nutrition habits and the lack of physical activity. The Public Health Department's Nutrition Services program is working to promote and support healthy eating and physical activity through partnerships with the community to reduce chronic disease and improve long-term health.

[Read the full story.](#)

Alameda County Working Smarter for Our Children

We are all familiar with the cliché, "children are our future." These are words that we hear often. In Alameda County there are close to 2,600 children and youth in foster care and in need of the support and security of a family. These are children who need stable homes. The Alameda County Department of Children and Family Services has partnered with faith-based organizations and community-based organizations throughout Alameda County and created the initiative, "A Pathway to Home." The goal of the program is to license an additional 400 county foster homes and provide permanent adoptive homes for children and youth in foster care.

[Read the full story.](#)

Returning Formerly Incarcerated Youth to Our Communities: A Progressive Idea or a Wolf in Sheep's Clothing?

The California Juvenile Justice System has been under attack for their lack of effective treatment and service provision for our incarcerated youth. The figures are staggering and the recidivism rate statewide for wards of the California Youth Authority (CYA) is 70% and for Alameda County the figure is 36%. In addition a series of damaging reports released by the National Council on Crime and Delinquency exposes the over usage of drugs as a method of doping up the young people instead of providing comprehensive treatment for serious psychological issues. The wealth of damaging information about the treatment of young people at CYA has fueled a movement to have them returned to their respective county in California.

[Read the full story.](#)

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